

Research on Classification and Selection Strategies of Physical Education Teaching Model Based on Campus Culture Construction

Zhigang Liu

Physical Education School, Xichang University, Xichang, Sichuan, 615000, China

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Abstract: Whether the selection of physical education teaching mode is scientific and reasonable is the key to the implementation of the new curriculum standards. Therefore, based on the construction of campus culture, the author carries out research on the classification and selection strategies of physical education teaching mode. Research shows that sports, as a cultural phenomenon, has a strong educational function. In the construction of campus culture, it plays an irreplaceable and special role in the process of cultivating and cultivating qualified talents with all-round development of morality, intelligence, physique and beauty. The use of the rules of sports to constrain and regulate their own actions and deal with the relationship between people is the requirement and characteristic of society tending to be rationalized and modernized, and it is also the inevitable trend of the school to modernize.

1. Introduction

In recent years, with the in-depth reform of physical education, the theoretical and practical research on physical education teaching mode is very active, and presents a diversified physical education teaching model [1]. Through the analysis of these research results, the main energy is to interpret, introduce, experiment, describe and develop different physical education teaching modes [2-4]. The physical education teaching mode is a bridge connecting the academic thoughts and practice of physical education teaching. The whole process of physical education and the physical education teaching system are embodied and actualized. Under the guidance of a certain degree of teaching thought, in a specific teaching environment [5]. However, although these reforms are in line with the trend of modern world sports teaching, they are advanced, but how to implement them effectively in the current situation of middle schools in China is an important topic in front of the majority of physical education teachers and scholars [6-8]. Due to the existence of these problems, it is inevitable that the research model has the weakness of lack of basis, stability, operability and imitability [9]. The field of curriculum research is the problem of teaching content and educational objectives, and the field of teaching research is the problem of teaching process, methods and strategies. The main object of physical education is the individual students whose physical and mental qualities are very different. They can not learn and master the same technology in the same school hours and sports events [10]. There are quite a few students who can not keep up with the teaching progress. Facing the projects they do not like, they are experiencing the pain of failure time after time and lose interest and confidence in learning sports.

2. The concept and connotation of physical education teaching mode

Although a variety of teaching models have emerged since the 1980s, few people have been involved in the concept of physical education. No matter how much change is presented in the physical education mode, it should be able to serve the overall goal of the overall teaching after achieving its respective functions based on various orientations and angles. In this stage of learning, students are transformed from closely related individuals into close cooperative partnerships, which are embodied in three aspects of support dependence. The teaching mode “embodies the structure of the teaching process linked to teaching ideas and teaching methods” and has five basic attributes: theoretical, stable, intuitive, overall optimized and corresponding. This is a problem that should be

fully considered when arranging the content of textbooks and organizing extracurricular sports activities. Sports culture is an integral part of human culture as well as a sub-culture of social culture. It reveals the formation, change of sports consciousness and its role in the development of sports through the study of various sports phenomena and relationships. Mature and excellent campus culture deeply reflects the profound cultural connotation accumulated in a university on the basis of long-term school-running practice, which has a tremendous impact on the development of universities and talent training. Although sport has relatively independent categories and its own changing rules as soon as it comes into being, it is still the epitome of the whole human culture.

Table 1 is the classified and stratified teaching mode of physical education, which breaks through the constraints of class physical education teaching. The grouping of physical education teaching is classified according to interest, so that teachers can treat students differently according to their characteristics and levels and teach students in accordance with their aptitude.

Table 1 Class hours allocation of compulsory and optional contents of P.E. syllabus in Senior Middle Schools

Type	Content of courses	Senior one		Senior two		Senior three	
		Class hour	%	Class hour	%	Class hour	%
Obligatory	Basic Theory of Sports Health	6	9.4	6	9.4	6	9.4
		16	25	16	25	16	25
Free electives	Wu shu, gymnastics, tennis, Table tennis, badminton, basketball, volleyball, softball, rugby, Hockey, Swimming	42	64.3	42	64.3	42	64.3

On the basis of other definitions, the definition is revised and perfected. It mainly simplifies the elements of the teaching process, and clearly points out that the connotation of the physical education teaching mode is “the structure of the teaching process and the corresponding teaching method system”. Guided by a specific teaching ideology, we must select the content of the textbook. Influenced by diversified teaching ideas, choosing teaching content can reflect the characteristics of complexity and diversity. In order to achieve the common learning goal, the members of the group must exchange information and share relevant information. Whether its selection is reasonable and scientific is the key to the implementation of the new curriculum standards. It is also the basic guarantee for the success of the middle school physical education curriculum reform. The elements of teaching mode generally include: teaching guiding ideology, teaching objectives, teaching procedures and methods, teaching conditions, teaching feedback and evaluation. With the development of social economy, schools, families and society have become the three channels of physical education. It is necessary to change the physical education of schools only to pay attention to the responsibility of physical education teachers, and not to pay attention to the responsibilities and viewpoints of parents and society. In short, sports culture should not be a simple summary of sports science or sports social phenomena, and should not be a concept of a subject group. Rather, it is based on sports consciousness to reveal the influence of cultural choices with value as the core on the evolution of sports.

The number of studies on such projects has been increasing in recent years, which indicates that the physical education model is being paid attention to by many scholars. Figure 1 shows the trend of increasing and decreasing the number of studies in recent years.

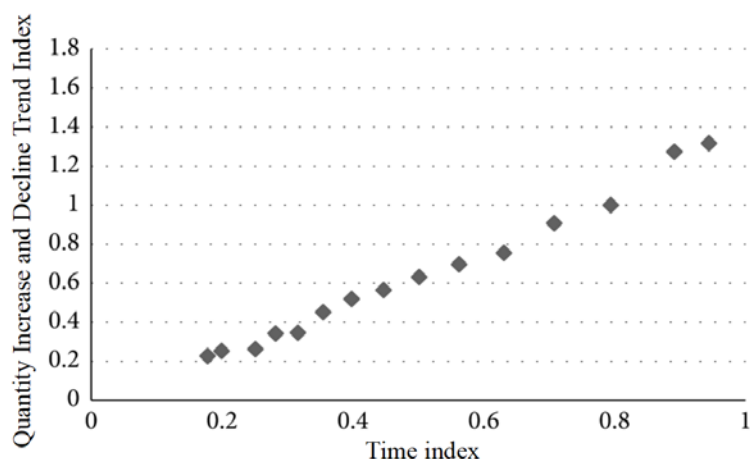


Figure 1 The number of research increases and decreases in recent years

3. Classification of sports teaching mode groups

The reason why the physical education teaching model presents diversified characteristics is caused by the guiding ideology of physical education teaching, the purpose of physical education teaching, the different emphasis of the target, and the different teaching conditions. In order to implement a clear and organized teaching ideology, we must choose the general direction that conforms to the school sports guiding ideology. Therefore, we divide it into introductory textbooks and fine teaching content according to the content of textbooks of different natures. To constrain and control the problems and behaviors of the off-track that may occur during the learning phase, and give full play to the main role of the teacher. Since the 1980s, many scholars have begun to devote themselves to the study of the particularity of physical education, the coordinated development of physical education and higher education, the efficiency and effectiveness of physical education and the deep-seated problems, and to the construction of the model system of physical education in Colleges and universities. Teaching is only the implementation process of curriculum standards, it does not include curriculum design and curriculum standards formulation. According to this definition, the implementation of curriculum reform is much more profound than the implementation of teaching reform. At the same time, we learned during the visit that many middle school PE teachers prefer to use the traditional PE teaching mode because they think that this kind of PE teaching mode is highly operational, easy to grasp and apply, simple and clear evaluation, teaching results can be seen in a short time as the main influencing factors.

Regarding the scope and research object of sports culture, some people believe that sports culture must be recognized and studied at different levels. The university spirit is the role orientation of the university itself formed by the long-term historical accumulation in the process of University development. It reflects the University people's thinking about the value and significance of University existence. However, in general, the physical education teaching mode is a whole. No matter how much changes have taken place in the physical education teaching mode, it should serve the overall teaching objectives after realizing their respective functions from various angles and directions. Based on the analysis of the teaching mode, the different teaching modes of physical education, then different experience teaching conditions will be selected. However, in the same physical education teaching mode, different physical education teaching combinations and teaching conditions are often chosen, so that the effects obtained are not the same. The goal is to construct the guidance according to the national curriculum objectives and the school curriculum objectives, and it is composed of the unit goals, the objectives of the courses and the goals set by the group. Generally speaking, the frequency of selection of traditional physical education teaching modes is high, especially the physical education teaching mode that stimulates students' interest and the physical education teaching mode. The frequency of selection of schools is too low. This may be that students like sports and dislike in recent years. One of the important factors influencing

physical education.

4. Conclusions

All in all, this paper divides these teaching modes into physical training, psychological development, and sports skill teaching by categorizing various sports modes that exist today. A dozen of the existing sports modes are classified, which can be divided into sports skill teaching, psychological development, and physical training. With the continuous deepening of the new teaching curriculum reform, improving the effectiveness of teaching and creating an efficient classroom has become our common goal. At present, in most middle schools, the selection of physical education teaching mode still stays in the state of taking the test-oriented education as the goal, that is, the traditional three-based physical education teaching mode and the physical education physical education mode. In the practice of physical education teaching, only by using these teaching modes comprehensively can teachers give full play to the teaching functions of each mode and meet the different needs of students, society and teaching contents. Classified teaching mode of physical education in senior high school, classified according to interest, is conducive to the cultivation of physical education specialties, teachers are easy to treat students differently according to their characteristics and levels, teaching students in accordance with their aptitude, breaking through the constraints of class physical education. University spirit is not only a static cultural phenomenon, but also a dynamic cultural phenomenon. It is a cultural unity of dynamic and static coordination.

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